

Health & Wellness

Campus Safety

Feelings of Safety:

Reporting “Very Safe” or “Safe”	Women	Men
On campus at night	80%	96%
In community during the day	89%	92%
In community at night	31%	59%

Violence & Abusive Relationships

Within the Past 12 Months;

	Women
Verbal threat	14%
Sexual touching without consent	12%
Emotionally abusive intimate rel.	8%

***21 female survey respondents experienced 44+ sexual assaults**

2015 HEDS Sexual Assault Climate Survey

Substance Use

Tobacco & Alcohol	Women	Men
Cigarette use	5%	16%
Alcohol use (last 30 days)	74%	80%
Alcohol use (never used)	14%	12%
Average number of drinks the last time you partied	4	6

Marijuana use

Never use	66%	53%
Use in the last 30 days	14%	28%
Used, but not in last 30 days	21%	19%

2016 American College Health Association Survey
30% Response Rate (women = 76%)

Health & Wellness – Emotional Health

Emotional well-being in the last 12 mo.	Women	Men
Hopelessness	53%	46%
Overwhelmed	93%	81%
Exhausted	87%	70%
Very lonely	67%	54%
Very sad	70%	56%
Overwhelming anxiety	65%	50%
Seriously considered suicide	11%	10%
Intentional self-injury	9%	11%
Difficulty functioning	38%	27%
Overwhelming anger	38%	35%
Attempted suicide	3%	4%

Diagnosed or Treated by a Professional	Women	Men
Depression	16%	8%
Anxiety	17%	6%
Panic attacks	10%	2%
Depression/anxiety	13%	4%

Traumatic or difficult to handle...	Women	Men
Academics	56%	36%
Family problems	28%	17%
Other social relationships	32%	22%
Personal health	22%	13%

Stress	Women	Men
More than average or tremendous	63%	54%

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Sexual Health

Number of Sexual Partners Within the Past 12 Months

	Women	Men
None	33%	22%
One	41%	37%
Four or more	12%	22%
Average	2.3	4.1

Use of Birth Control

	Women	Men
Condom (mostly or always)	57%	58%
The last time vaginal sex (yes)	54%	60%
Emergency contraception	17%	
Unplanned pregnancy	2%	

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