

Megan Rappleyea RN LMT PhD OCN CNE CHSE
Academic Curriculum Vitae

Contact Information

Megan Rappleyea, RN, PhD, OCN, CNE, CHSE
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Education

Ph.D., Mennonite College of Nursing, Illinois State University, May 2026 *with distinction*
MSN – Nursing Education, Saint Francis Medical Center, 2018 *with distinction*
Independent study, MD Anderson Cancer Institution, Dr. Eric Strom, Houston TX, 2011
BSN, Mennonite College of Nursing, Illinois State University, 2010
Summa Cum Laude with Departmental Honors in Nursing
Massage Therapy Certificate, Institute of Natural Health and Education, 2022
LMT licensure 2023- present

Certifications

Certified Healthcare Simulation Educator (2024-present)
Certified Nurse Educator (2019-present)
Oncology Certified Nurse (2014-present)

Academic Appointments

Assistant Professor, Illinois Wesleyan College of Nursing and Health Sciences, Aug, 2026-present

Instructional Assistant Professor, Mennonite College of Nursing, Illinois State University, Jan 2019- July, 2026

Professional Positions

RN Volunteer on Medical Team, Catalyst Ministry (2022-present)
PRN Licensed Massage Therapist, Prairie Land Wellness Center of McLean County (2023-present)
Registered Nurse Lung Cancer Navigator, OSF St. Francis Medical Center - Cancer Services. (2015 - 2018).
Registered Nurse and Core Preceptor, OSF St. Francis Medical Center - Acute Oncology. (2012 - 2015).

Publications and Current Manuscripts

Rappleyea, M. L., Blakeman, J. R., Clerkin, K., Stockmann, C., Quality trauma-informed care in nurse practitioner students working with standardized patients presenting with substance use disorder: A qualitative multiple case study. (Accepted , *International Journal of Addiction Nursing*, July, 2026)

Rappleyea, M. L., Clerkin, K., Sullivan, J., Blakeman, J. R., & Stockmann, C. Trauma-informed care training in nurse practitioners and students: An integrative review. (under review *Journal of Nursing Education*, March 2026)

Rappleyea, M. L., Sullivan, J., Blakeman, J. R., Clerkin, K., & Stockmann, C. The Quality-Caring Model: A theory analysis and application to nursing research in trauma-informed care. (under review, *Advances in Nursing Science*).

Rappleyea, M., Kupferschmid, M., Roque, R., Davey, K., King, K., Lynn, A., Prasun, M., (2026). Nurses' Perception of Their Role in Gun Violence Prevention. (Accepted, *Online Journal of Issues in Nursing (OJIN)*, July, 2026).

Rappleyea, M. (2025). Perceptions of nursing role related to gun violence tool. U.S. Copyright

Stockmann, C., Adelman-Mullally, T., Kupferschmid, M., & **Rappleyea, M.** (2025). Evaluation of undergraduate nursing students' clinical competence using a mental health Objective Structured Clinical Examination (OSCE). Accepted pending minor revisions, *Nursing Education Perspectives*.

Watkins, S. & **Rappleyea, M.** (2024) Improvement opportunities for the achievement of reciprocal nursing academic-practice partnerships. *Journal of Professional Nursing*.

Bailey, C., **Rappleyea, M.,** Garcia, C., Oderwald, T. Experiences of appointed healthcare powers of attorney for lung cancer patients from nurse navigator-led advanced care planning. Academy of Oncology Nurse and Patient Navigators. 2022 Nov

Woith, W.M., **Rappleyea, M.L.** Emotional representation of tuberculosis with stigma, treatment delay, and medication adherence in Russia. *J Health Psychol.* 2016 May;21(5):770-80. DOI: 10.1177/1359105314538349. Epub 2014 Jun 16. PMID: 24934434.

Presentations

Oral Presentations

2025 Mennonite College of Nursing CE for School Nursing Event. "Massage and Wellness Practices for Registered Nurses". – Rappleyea, M. (Primary Author and Presenter). Invited Speaker

2024 Mennonite College of Nursing Designated Education Unit Annual Training. "Using Trauma-Informed Care and Advocacy Inquiry Approaches to Challenging Student Experiences" – Rappleyea, M. (Primary Author and Presenter). Invited Speaker

Teaching and Learning Symposium, "Exploring Student-Centered Team-Based Success with a Culture of Excellence and Belonging." Illinois State University, Normal IL. 50 min panel discussion (Jan 2023), **Rappleyea, M.** (Primary Author and Presenter), Nielsen, S., Cunningham, L., Guido, K. 2023

MCN Faculty Development Day, "Self-massage for the desk dweller, smartphone user, and fatigued scholar." MCN, Normal, IL (Jan 2023), Rappleyea, M. (Presenter, Author).

MCN College Counsel May Meeting, "A plan for MCN Success." MCN, Normal. (May 2022), Rappleyea, M. (Presenter, Author) & Tom Carroll.

MCN Course Leader Meeting, "Prioritization Framework for Didactic Faculty." MCN, Normal. (March 2022), Rappleyea, M. (Presenter, Author).

MCN November Faculty Course Leader Meeting, "Prioritization Frameworks in Nursing Education," MCN, Normal. (March 2022). Rappleyea, M. (Presenter)

2022 CTLT Teaching & Learning Symposium. "Simulation in the Classroom! Critical Thinking Day 1." 50 min panel presentation and discussion. **Rappleyea, M.**, Willet, J., Pence, P. (Primary author and presenter).

AONN 2021 Conference. "HCPOA Experiences with Nurse Navigator-Led Advanced Care" Planning Online (Nov 2021). Bailey, C. & **Rappleyea, M.** (co-author and presenter).

Fall Kick-Off Day Fall 2021, "Kickoff Day College Counsel Presentation" MCN, Normal. (Aug 2021) Novotny, N., Adelman-Mullally, T., **Rappleyea, M.** (Presenter).

MCN Faculty Development Day, "Lessons from the climb, incorporating CJM in Adult II" MCN, Normal. (May 2021), **Rappleyea, M.**, Nielsen, S., (Presenter),

MCN November Faculty Course Leader Meeting, "CJM & Clinical Instruction at MCN," MCN, Normal. (November 2020). **Rappleyea, M.**, Cobb, D., (Presenter),

Monthly Course Leader Meeting MCN, "The NCSBN Clinical Judgment Model Presented for MCN Faculty," MCN, Normal. (July 2020). **Rappleyea, M.**, Nielsen, S., (Presenter)

MCN February College Counsel, "Using Coded Exams and In-Person Exam Reviews," Normal. (February 2020). **Rappleyea, M.**(Presenter),

Vladimir Regional Oncology Conference - Vladimir, Russia, "RN Nurse Navigation and Multidisciplinary Lung Cancer Conference," Medical College of Vladimir, Vladimir, Russia. (September 19, 2018). Rappleyea, M., (Presenter)

Poster Presentations

- Rappleyea, M.,** Blakeman, J., Sullivan, J., & Stockmann, C. (2026). *Nurse practitioner trauma-informed care in patients presenting with substance use disorder* [Poster presentation]. Memorial Hospital Sigma Theta Tau International 29th Annual Nursing Research Conference, Bright Lights, Big CITI: Illuminating Nursing Science, Springfield, IL
- Rappleyea, M.,** Kupferschmid, M., Roque, R., Davey, K., Prasun, M., (2025). Breaking the silence: Nurses' perception of their role in gun violence. *Midwest Nursing Research Society 2026* (abstract accepted)
- Rappleyea, M.,** Kupferschmid, M., Roque, R., Davey, K., King, K., Lynn, A., Prasun, M., (2025). Perceptions of nursing role related to gun violence: A descriptive quantitative survey design. *Virtual Annual Scholarship Symposium: Research, Evidence-based Practice, and Innovation* co-sponsored by Mennonite College of Nursing and Xi Pi Chapter Sigma. Normal, IL. April 17. Poster Presentation.
- Rappleyea, M.,** Kupferschmid, M., Roque, R., Davey, K., King, K., Lynn, A., Prasun, M., (2025). Perceptions of nursing role related to gun violence: A descriptive quantitative survey design. *Illinois State University Research Symposium*. Illinois State University, Normal, IL, April 11th.
- Rappleyea, M., & Stockmann, C.** (2024). Trauma-informed care training in nursing: An integrative review. *Virtual Annual Scholarship Symposium: Research, Evidence-based Practice, and Innovation* co-sponsored by Mennonite College of Nursing and Xi Pi Chapter Sigma. Normal, IL. March 28. Poster Presentation.
- Rappleyea, M.,** Kupferschmid, M., Roque, R., Davey, K., King, K., Lynn, A., Prasun, M., (2025). Perceptions of nursing role related to gun violence: A descriptive quantitative survey design. *Springfield Memorial Hospital & Nu Pi-at-large Chapter, Sigma Theta Tau International 28th Annual Nursing Research Conference Road Trip! Navigating Science into Practice*. Normal, IL. April 9. Poster Presentation
- Rappleyea, M., & Stockmann, C.** (2024). A proposed model for guiding research in patient and nurse outcomes related to trauma-informed care training. *Springfield Memorial Hospital & Nu Pi-at-large Chapter, Sigma Theta Tau International 27th Annual Nursing Research Conference Road Trip! Navigating Science into Practice*. Normal, IL. April 11. Poster Presentation.
- Pence, P., Nielsen, S., and **Rappleyea, M.** (2022, September 15-17). Pilot on exam wrappers, metacognition, and retention: Initial study to improve education access and quality. [Poster]. 2022 State of the Science Congress on Nursing Research Social & Structural Determinants of Health, Washington D. C.
- Klann, K. & **Rappleyea, M.** (faculty support). "Pharmacotherapeutics of Oncolytic Viral Immunotherapy and Cancer Treatment Vaccines" Illinois State University Research Symposium 2022
- Pense, P, Kim, M, Novotny, N, **Rappleyea, M** (co-author). "Nursing Student Perceptions of Assessment Technologies Institute Resources" 2022 Teaching & Learning Symposium. Illinois State University, Normal, IL

Novotny, N., Pence, P, & **Rappleyea, M.** (co-author). "Second-degree prelicensure students' perspectives about key behaviors for engagement in precepted capstone clinical." MNRS Conference 2022

Bailey, C. & **Rappleyea, M.** (co-author and presenter). "HCPOA Experiences with Nurse Navigator-Led Advance Care Planning" AONN 2021 Conference. Online (Nov 2021).

Pense, P., Novotny, N., & **Rappleyea, M.** (co-author), Next Gen Learning, "Students' perceptions of Assessment Technologies Institute resources use in a pharmacology course" 13th Annual Nuts & Bolts for Nurse Educators Conference: Next-Gen Learning: From Critical Thinking to Clinical Judgment to NCLEX and Beyond. Online (Aug 21)

Rappleyea, M. (Author & Presenter), Next Gen Learning, "Implementing real-time clinical judgment, feedback, and trust in learning via 1:1 clinical huddle," Nurse Tim 2021 Conference, Online. (Feb 2021).

Cobb, D., **Rappleyea, M.**, Willet, J., Wright, V. (Author), Next Gen Learning, "Clinical judgment across the curriculum" Nurse Time 2021 Conference, Online. (Feb 2021).

Rappleyea, M. (Author & Presenter), Mennonite College of Nursing Research Symposium, "Advance Care Planning as Expanded Role for Lung Cancer Nurse Navigators: A Review of the Literature and Proposed Study," Mennonite College of Nursing, Normal. (March 21, 2019).

Rappleyea, M. (Author & Presenter), Bailey, C. E. (Author & Presenter), OSF Clinical Connections Conference, "Advance care planning as an expanded role for oncology nurse navigators," OSF Saint Francis Medical Center, Spalding Pastoral Care Center. (November 2018).

Teaching Experience

NUR 229 Adult Nursing 1 Accelerated Theory (SU 2026)
Administer in Residency Program – Student Success Plan for Mennonite College of Nursing (SP 2022)

NUR 231 Adult Nursing II Theory Faculty (SP 2019 – FA 2024)

NUR 231 Course Leader (FA 2021-FA 2022)

NUR 231 Adult Nursing II Clinical (SP 2019- present).

Simulation Specialist (SP 2019-present)

NUR 229 Adult Nursing I Accelerated Clinical (SU 2019-present)

NUR 229 Adult Nursing 1 Acute Care Clinical (FA 22; SP23; SP 24)

NUR 222 Nursing Skills Theory (SU 2022)

NUR 222 Nursing Skills Lab (SU 2022)

Student Success Hours (SP 2020, FA 2021, SP 2022)

Undergraduate Honors Students and Independent Study Students

"Breast Cancer Resource Book for Young Black Women " (SP 26). Advised. Benedict Erhabor. Independent Study 1 Credit Hour.

"CRNA perioperative assessment and management" (SP 25).Advised. Katie Pawlecki

"Aerobic Exercise and Academic Performance" (Fall 2024). Advised. Luke Markwell

"Genetic Testing and Legal Implications" (Spring 2024). Advised. Alison Zemeckis
 "Piloting Qualitative Research Methods: Nursing Students' Experience with Parents with Chronic Illness" (Spring 2024). Advised Emily Brownlie
 "Emergency Nursing Trauma" (Fall 2023). Advised. Jenna Gruber.
 "Coping with Vicarious Trauma in the Emergency Department" (Fall 2023). Advised. Julai Malsankiewicz & Maddie Spantiko
 "Physical Effects of Post-Traumatic Stress Disorder (PTSD) on Clients with No Other Previous Co-Morbidities" (Spring 2023). Advised. Elise Burnett
 "Nursing Care of Persons in Prison" (Spring, 2023). Advised. Lizze Parduhn
 "Identifying Elder Abuse in the Emergency Department" (Spring, 2023). Advised. Anna Corsiatto
 "Helping New Moms, a Post-Partum Care Patient Handout" (Spring, 2023). Advised. Megan Odiet
 "Gift of Hope Organ Procurement" (Spring 2023). Advised. Kendall Peck
 "Curbing the Food Allergy Crisis: A Guide for School Nurses" (Spring 2023). Advised. Katelyn Steiling
 "Science-Backed Supplementation for Mental Health" (Spring, 2023). Advised. Maddie Franklin
 "The Benefits of Exercise on Young Adults with Depression" (Spring 2023). Advised. Ally Masi
 "Promoting Comfort in In-Patient Pediatrics Population, a Multidisciplinary Approach Podcast" (Spring 2023). Advised. Kaity Knittig, Giana Cortellassi, and Madeline Hefe
 "First AID precautions for individuals with HIV and AIDS" (Fall 2022). Advised: Alexis Buerger
 "Reducing Operating Room Anxiety" (Fall 2022). Advised: Paige Humpa
 "Secondary Victim Trauma in Nurses" (Fall 2022). Advised: Kaitlyn Merry and Aubrey Robinson
 "Complementary and Alternative Medicine, The Effect of Symptom and Pain Management on Cancer Patients" (Fall 2022). Advised: Laurie Sims
 "Using Yoga to Reduce Stress in Nursing" (Fall 2022). Advised: Caitlin Richter
 "Neonatal Breast-Feeding Program in the NICU" (Spring 2022). Advised: Briana Jain 1 Credit Hour
 "Opioid Dependency in Clients with Sickle Cell Anemia" (Spring 22). Advised Scott Markey
 "Breast Screening Initiative in College Students" (Spring 22). Advised Lily Kai, Natalie Byrne, & Katelyn Branch
 "Motherhood during the Pandemic" (Spring 22). Advised Preeyah Edwards
 "Pharmacotherapeutics of Oncolytic Viral Immunotherapy and Cancer Treatment Vaccines" (Fall 2021). Advised: Kalista Klan 1 Credit Hour
 "Alternative music therapy for cancer pain in pediatric patients" (Fall 21). Advised Kamryn Blake
 "The roles, scope, and preparation of the CRNA" (Fall 21). Advised RJ Morris
 "Quality care in long-term facilities and the use of travel RNS" (Fall 21). Advised Brianna Jain
 "SANE Nursing," (Fall 2020). Advised: Elizabeth Williams 1 Credit Hour
 "Effects of Complementary and Alternative Medicine on the Quality of Life of Cancer Patients," (Fall 2019). Advised: Reena Prabhu 3 Credit Hours
 "Chemotherapy-Induced Nausea and Vomiting (Fall 2019). Advised: Elizabeth Williams
 "Alternative settings for elder care" (SP 2021). Advising Marygrace Finucane

Research Interests

Best practice and innovation in nursing education

Trauma-Informed Care in nursing practice

Simulation

Use of immersive technology in qualitative and observational research

Holistic nursing practice

Grants and Awards

Grants

MCN Microgrant, Mennonite College of Nursing, \$5,000, 2025

Illinois Board of Higher Education, *Nurse Educator Fellowship FY 2023*, \$10,000

Catherine Miller NTT Funds, Mennonite College of Nursing, 2023, \$1,500

MCN Internal Grant, Mennonite College of Nursing, 2022 Pence, P, Nielsen, S., **Rappleyea, M.**, \$1,100

SOTL University Research Grant, Illinois State University, 2021, Novotny, N., Patricia L. Pence, **Megan Rappleyea.**, \$5,000

SOTL University Research Grant, Illinois State University, 2021, Novotny, N., Kim, MJ, **Rappleyea, M.**, \$2,000

Sigma Theta Tau XiPi Chapter, Pence, P., Kim, MJ, Novotny, N., **Rappleyea, M.**, \$2,000

Awards

Mennonite College of Nursing, Illinois State University

2026 PhD Dissertation Award – Recipient, Illinois State University (March ,2026)

2026 Impact Award – High Impact Award- Recipient, Illinois State University (April, 2026)

Kathleen Hogan Teaching Excellence Award – Awarded, Mennonite College of Nursing, Plan 1 & 2 (May, 2025, 2023, 2022, 2020)

2022 ISU Gymnastics Faculty Excellence Recognition- Awarded (Jan, 2023)

Outstanding University Teaching Award- Nominated, Illinois State University (Fall, 2022)

2022 Impact Award- Recipient, Illinois State University. (April 20, 2022).

2021 AONN+ Outstanding Poster Award for Category V: Professional Roles and Responsibilities – AONN +12 Conference (Nov 21, 2021)

Kathleen Hogan Teaching Excellence Award- Nominee, Mennonite College of Nursing. (2021).

RISE to the COVID Challenge Award - Recipient, Illinois State University. (December 10, 2020).

2020 ISU Impact Award, ISU University College. (April 27, 2020).

2019 MCN Research Symposium People's Choice Award, Mennonite College of Nursing. (March 21, 2019).

OSF Satin Francis Medical Center

Daisy Award Nominee, OSF St. Francis Medical Center. (2016).

Early Career Achievement Award, Illinois State University - Mennonite College of Nursing. (2016).

Daisy Award Nominee, OSF St. Francis Medical Center. (2015).

Magnet Nurse of the Year, OSF St. Francis Medical Center. (2015).

Nurse Innovator Award, OSF St. Francis Medical Center. (2015).

Spirit of Nursing, Illinois State University - Mennonite College of Nursing. (2012).

Service

Mennonite College of Nursing, Illinois State University

2026 MCN Virtual Scholarship Symposium – Facilitator

NTT College Counsel Representative, (2025-2026 Academic Year)

New Faculty Mentor: Melissa Calvillo (2021-2022), Emily Mixon (2023-2024), Emily Erickson (2024-2025).

Faculty Bylaws ad hoc committee member NTT revisions (June 2023)

Faculty Evaluations ad hoc committee member (March-April 2023)

Course Evaluations ad hoc committee member (March-April 2023)

College Counsel Vice-Chair (SU 2021-SP 2022)

Clinical Judgment Integration Champion [Classroom and Clinical teams]. (May 15, 2020 - Present).

Prelicensure Curriculum Committee. Committee Member. (January 2019 - 2023)

Volunteer COVID testing and vaccine administration 2021 (Jan 9, 11, 29, Feb 9)

PROUD program mentor: Maggie Fitzpatrick (FA 20- present)

NTT Undergraduate Simulation Assistant Director Search Committee (Fall 2019-Spring 2020)

New Faculty Orientation (SP 2022-present)

Stethoscope Ceremony speaker (Fall 22-present)

New Student Orientation speaker (SP 22-FA22)